

# Why consider ICD therapy?

**Boston  
Scientific**

Even if you are taking medication, you may be at risk for sudden cardiac arrest.

*You may especially be at risk if you have heart failure or have survived a heart attack, and also have a heart that does not properly pump enough blood.*

For additional information about device therapy, call Boston Scientific Patient Services at 1.866.484.3268 or visit the following online resources:

[www.bostonscientific.com](http://www.bostonscientific.com)

[www.hrspatients.org](http://www.hrspatients.org)

[www.americanheart.org](http://www.americanheart.org)

[www.suddencardiacarrest.org](http://www.suddencardiacarrest.org)

<sup>1</sup> American Heart Association. Heart Disease and Stroke Statistics—2006 Update. Available at: [www.americanheart.org](http://www.americanheart.org).  
<sup>2</sup> Centers for Disease Control. A Glance at the HIV/AIDS Epidemic. Available at: [www.cdc.gov/hiv/pubs/facts/at-a-glance](http://www.cdc.gov/hiv/pubs/facts/at-a-glance). Accessed on April 11, 2006.  
<sup>3</sup> American Cancer Society, Inc. Surveillance Research, Cancer Facts and Figures 2006. Available at: [www.cancer.org](http://www.cancer.org).  
<sup>4</sup> About sudden cardiac death from cardiac arrest; *Heart Disease and Stroke Statistics—2003 Update*, American Heart Association, 2002:3.  
<sup>5</sup> Himmrich E, et al. Is ICD programming for double intraoperative defibrillation threshold energy safe and effective during long-time follow-up? Results of a prospective randomized multicenter study (Low-Energy ENDOTAK Trial – LEFT). *Z Kardiol*. 1999;88:103–12. [German language edition].  
<sup>6</sup> ACC/AHA 2005 Guideline Update for the Diagnosis and Management of Chronic Heart Failure in the Adult. [www.acc.org/clinical/guidelines/failure/index.pdf](http://www.acc.org/clinical/guidelines/failure/index.pdf).

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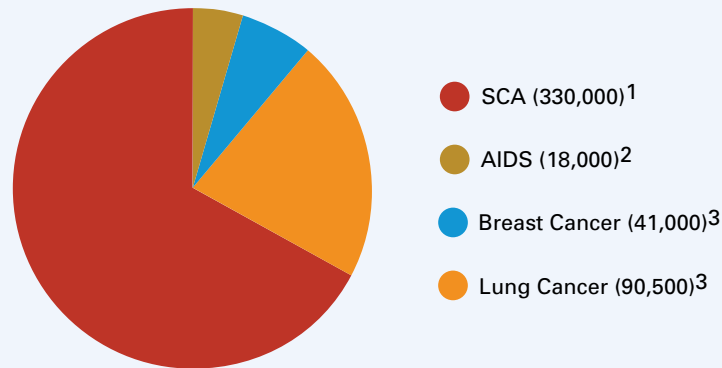
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**Important Safety Information**  
**Implantable Cardioverter Defibrillators from Boston Scientific CRM**  
An implantable cardioverter defibrillator can protect you from the effects of sudden cardiac arrest by reviving your heart rhythm. But it is not for everyone, including people with certain steroid allergies. Procedure risks include infection and tissue damage. In some cases, the device may not respond to irregular heartbeats or may deliver inappropriate shocks. In rare cases severe complications or device failures can occur. Electrical or magnetic fields can affect the device. Only your cardiologist knows what is right for you. For more important safety information, visit [www.bostonscientific.com](http://www.bostonscientific.com). This device is available by prescription only. Individual results may vary.  
(Rev. C)

# Sudden Cardiac Arrest (SCA) is the Leading Cause of Death in the United States<sup>1</sup>

In the United States, SCA claims 330,000 lives per year—more than breast cancer, lung cancer, and AIDS combined.<sup>1</sup>



Only 1 person in 20 usually survives an episode of sudden cardiac arrest. The other 19 people die before reaching the hospital.<sup>4</sup>



**With an implantable defibrillator, 19 out of 20 people will survive.** Implantable defibrillators have been shown to effectively terminate the majority of dangerously fast heart rhythms, which can lead to sudden cardiac arrest.<sup>5</sup>

*The American Heart Association and the American College of Cardiology's latest guidelines give the highest recommendation that implantable defibrillators can help certain patients survive an episode of sudden cardiac arrest.<sup>6</sup>*

## Implantable Cardioverter Defibrillators (ICDs)

Every year ICDs reliably help to treat irregular heart rhythms in hundreds of thousands of people. Only your health care provider knows what is right for you.

For more information about ICD reliability and effectiveness, talk to your health care provider. For additional information about device therapy and the performance of specific devices, visit [www.bostonscientific.com](http://www.bostonscientific.com).